

intraKID should be used by Health-Care Professionals and Doctors as the first line of defense for children's nutritional support and maintenance. intraKID contains ALL the necessary nutrients to provide the optimum daily allowance (ODA) of all vitamins, minerals, and other nutrients in a perfectly-balanced formula designed for the special needs of kids. intraKID is flavored with an all natural fruit extract (no refined sugar) and tastes like raspberry Jell-O. Kids really like it! It is best to eliminate all other kinds of nutritional supplementation and use only intraKID.

intraKID should be taken on an empty stomach, if possible. It is optimal to take half of the daily dose in the morning and half of the daily dose in the afternoon. However, if that is not practical for the child, the full dose in the morning will work well. After swallowing, drink 8 to 10 oz. of filtered, **non-chlorinated** or bottled spring water. Try not to eat food 30 minutes before or after dosage if possible. Do not take medications, caffeine, or other supplements until two hours have passed. For best results, use intraKID for six days and then take the seventh day off and repeat.

Startup Protocol

In order to build up a reserve of active carbon and good nutrition, for the first 14 days utilize a double-dose as follows:

Day	Dose: Age 4+	Frequency
Monday to Saturday	1 oz.	2 X per day*
Sunday	Rest (no dose)	1 X per week

General Maintenance Protocol For Kids

Day	Dose: Age 4+	Frequency
Monday to Saturday	½ oz.	2 X per day*
Sunday	Rest (no dose)	1 X per week

*Note: if it is not possible or practical to dose twice daily, give the full dose in the morning. For best results, vary the dose slightly from day to day to prevent the body from acclimating to the improved nutrition.

Protocol Exceptions:

Certain conditions such as diabetes, autism, cancer, ADD/ADHD, asthma, etc., require alternate protocols and/or products. For more information on which protocol/product is right for your patient's specific condition, please contact one of our Pediatric HCP Specialists at 888-881-2344.

intraKID will also work for patients who are not quite ready for the intraMAX® product and need an intermediary step. If an adult is using intraKID, please see and follow the intraMAX Maintenance Protocol rather than the intraKID General Maintenance Protocol.

Measurement Reference Information:

- Two tablespoons = one ounce
- Three teaspoons = one tablespoon
- Six teaspoons = one ounce
- One capful of intraKID = one ounce

Disclaimer: this product is not intended to prevent or cure any diseases. The statements above have not been evaluated or approved by the US Food and Drug Administration. This information is neither intended to provide medical advice, nor to take the place of medical advice or treatment from a Health-Care Professional or Doctor. Readers are advised to consult with their own Health-Care Professional or Doctor regarding alternative treatment of their medical problems and/or the undertaking of any exercise and/or supplement and/or detoxification programs mentioned. Consult with a Health-Care Professional or Doctor if taking any prescription medications and do not discontinue any medications to start supplementation or any procedures outlined without the proper supervision of a Health-Care Professional or Doctor. If you are pregnant, nursing or using prescription drugs, consult your Health-Care Professional or Doctor before use. Always consult your Health-Care Professional or Doctor before taking any supplements.

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